

The Harmful Effects of Chlorine

Chlorine is the most common water treatment to kill bacteria living within it. Chlorine is added not only to swimming pools, but also is always found in municipal tap water. Chlorinated water can have long-term effects on human skin. Chlorine not only kills the bad bacteria that can make us sick, but it also kills good bacteria on which our our skin relies.

Because chlorine is proven to cause damage to body cells, serious long term problems could result. Examples of these might include asthmatic symptoms, kidney damage & because chlorine is a known carcinogen, the possibility of cancer.

Signs chlorine is effecting you:

- · Patchy dry skin
- Itchiness
- Acne
- Skin irritation
- Eczema and rashes
- Imbalance of natural healthy bacteria on the skin





Why is chlorine so harmful in your shower?

- Chlorine in a hot steamy shower condenses much quicker than cold water does.
- When we shower in steamy water our body is being inundated with chlorine gas.
- In the case of our skin, the steamy water is opening the pores and allowing the vaporized chlorine, now in a much concentrated form, to enter our bodies through the open pores and do its damage.
- Typically, 60% of the chlorine that most people absorb daily comes from showering in chlorinated water.

Protect Your FamilyFrom the Effects of Chlorine in Your Water

How can we protect our body from chlorine in the shower?

Many showers filters available today only remove 20% - 80% of free chlorine (not total combined chlorine) from your shower. By far the most advanced shower filter today is the **SPRITE SHOWER FILTERS**